CMM CIRCULAR



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CMM CIRCULAR DESIGN & LAYOUT

Kathy Kirby



Winter is here.... Well, snow has hit the ground here in Winnipeg! What about

the rest of you? Snow? No snow? And are you excited for winter or not? Time to pull out the winter gear, the toys and the shovels! I love this time of year with the beauty of the sunlight through the trees and the crisp morning air. I am ready to embrace another winter wonderland! I look forward to long river walks with my dog. I would love to try dog sledding! We hope you all get out and enjoy the beauty of the season...skating, skiing, building snowmen, and doing what makes you smile! Happy winter and best wishes for the Holiday Season! Kathy

Regulation Amendment Follow up

The long-awaited amendments to the midwifery Regulation were passed on March 24, 2017 and the new prescriptive authority came into effect on September 1, 2107. To date, 40% of practising midwives have successfully completed the exam and many more are scheduled to write before the end of the year. For those who have not yet scheduled to write the exam, please contact the CMM as soon as possible. Please also note the Corrections to the Lab Test Modules identified below, and thank you to those members who have provided feedback.

A number of members have requested information regarding resources for prescribing that they can use in their practice. Several resources exist within Canada, including:

- The Association of Ontario Midwives offers an app (RxAOM) that provides access to select basic information on drugs commonly used by midwives. This free app is available on either Google Play or Apple APP Store.
- The College of Midwives of British Columbia publishes standards for prescribing in their Registrant's handbook available at http://cmbc.bc.ca/standards-policies-forms/.

CORRECTIONS TO LAB TEST MODULES!

PLEASE NOTE THE FOLLOWING ERRORS IN THE QUIZ SECTION OF THE LIVER FUNCTION AND RENAL FUNCTION TESTS MODULES.

- •In the section on Gamma-glutamyl transferase (GGT) the slides correctly identify the normal value during pregnancy as 5-29 U/L. In the quiz section (question #3) there is no correct option provided. 40 U/L is identified as the correct answer, however this is incorrect.
- •In the section on Uric Acid the slides correctly identify the normal value during pregnancy as 120-360 μ mol/L. In the quiz section (question #2) 90 μ mol/L is identified as the correct answer, however this is incorrect.

NEITHER OF THESE LAB VALUES ARE INCLUDED AS QUESTIONS ON THE WRITTEN EXAM.

Alternate Practice Arrangement Update

Survey Results:

From July to September the CMM collected feedback regarding its draft Alternate Practice Arrangement (APA) framework. We received feedback from approximately 20% of members. Of those that completed the survey:

- 90% felt that the draft framework would provide for sufficient flexibility in practice
- 70% felt it would be useful in their own practice
- 95% felt the process would protect positive outcomes for clients and
- 80% supported the document as written

In addition to the support the framework received members provided the Special Committee on Member Resolutions (SCMR) with valuable feedback. Themes of feedback received included support for increased flexibility, coupled with concerns regarding eroding the provision of continuity of care, and concerns regarding how the option for an APA may be viewed by Manitoba Health and Regional Health Authorities (RHA).

Next Steps:

Based on the feedback received, minor edits were made to the document and it was supported by Council at their meeting on October 20, 2017. Based on the findings of the survey and recommendations from the SCMR, the CMM will develop a strategy for communication/engagement with RHAs to take place prior to the APA being implemented. The Committee and Council are aware that support for alternate practice arrangements by the CMM does not automatically translate to these options being available or desirable in every RHA, and numerous other factors such as collective agreements may impact the feasibility of implementing some options.

In the Meantime...

The CMM currently provides several options for flexibility within the current model of care that are being used, or have been used by members in the past. For example:

- prenatal care being provided by midwives to clients in remote areas in Manitoba
- midwives providing low risk prenatal care for people not able to show up for set appointment dates and times
- midwives sharing with physicians to provide care for clients within a specialized population
- working as a 'float midwife' without carrying a 'caseload' of their own.

Please contact the Registrar if you have questions about an alternate practice idea.

Renewal 2018

Exciting news regarding online renewal!

Every spring the College of Midwives of Manitoba (CMM) looks forward to renewing the membership of its midwives and students for another year. This year, we are working towards having renewal available online. CMM has recently signed an agreement with Helsby Drake to provide Regulation Software Services to the CMM. We are looking forward to being able to share specifics about the online renewal process early in 2018. In the meantime, please remember the following:

- All practising midwives must complete their 'Quality Assurance Yearly Record' every year. This form does not have to be submitted with your application, but you must confirm completion via a self-declaration that is included in the renewal process.
- All certifications in Cardiopulmonary Resuscitation, Neonatal Resuscitation, Emergency Skills and Fetal Health Surveillance must be current as of March 31st. <u>No exceptions</u>. Please plan ahead. Failure to submit confirmation of currency in these areas may result in restrictions on your registration.
- As per the decision at the 2016 AGM, Annual registration fees for practising midwives will be increasing to \$1900 in 2018.

TOPICS OF INTEREST

NRP: Intraosseous Cannulation - Recent updates to NRP indicates that intraosseous (IO) cannulation can be used as an alternative route for providing medication normally delivered via umbilical vein catheterization. IO cannulation is not a required competency for midwives, and midwives are not required to carry the equipment required for IO cannulation to out of hospital births.

Nausea and Vomiting - The Society of Obstetricians and Gynaecologists of Canada's clinical practice guideline for nausea and vomiting of pregnancy contains an algorithm which includes the use of ondansetron as a treatment option if hyperemesis persists despite other measures. Ondansetron is not on the Drug Program Information Network (DPIN) in Manitoba as a drug that midwives are authorized to prescribe. Midwives should consult with a physician for clients who may benefit from ondansetron therapy.

COMMITTEE UPDATES

Board of Assessors Committee:

The Committee would like to welcome new member, Kari Hammersley, RM.

In addition to reviewing and approving applications for registration, and incorporating the recent Regulation changes into the regulation process, the Committee has recently completed a review of policies and guidelines related to supervision. It is anticipated that these new documents will be ready to share with members early in 2018.

The Board of Assessors has also embarked on a scan of research and changes to standards related to Currency of Practice (Active Practice) from other jurisdictions. A number of other colleges are recommending changes to their Active Practice standards that would remove the requirement to provide care at a specific number of births, and replace it instead with a requirement to provide all aspects of care in both settings over a period of three years; coupled with a robust Quality Assurance program. The Board of Assessors will be reviewing this information to determine how/if the CMM Standard for Currency of Practice should be updated.

Education Committee:

<u>Update re: Assessment and Gap Training</u> - Funding for the Manitoba Assessment & Gap Training program ended on March 31, 2017, therefore the CMM is now offering the written and clinical exams on a cost recovery basis. Successful candidates are then eligible to complete the Gap Training and Clerkship via the International Midwifery Program (IMPP).

<u>Update re: Midwifery Education in Manitoba</u> - The University of Manitoba is currently managing a cohort of students in their third year of the McMaster Midwifery Education Program. This model has been very successful and beneficial to date. However, there has been no intake since September 2015 and there will not likely be an intake in September 2018, as the deadlines for universities to begin planning for such an intake have expired. The CMM, along with the Midwives Association of Manitoba submitted a Midwifery Information Package to the Ministers of Education and Training; and Health, Seniors and Active Living to raise awareness regarding this issue.

Perinatal Review Committee (PRC):

As the Committee prepares to resume its work it is serving notice that a new member on the Committee is needed to contribute to its valuable work. The PRC meets usually once every three to four months, for a 4-hour meeting. Please watch your inboxes for a formal notice to members from Kathy in the coming days.

Standards Committee:

The Committee has completed their review of the Guideline for Vaginal Birth after One Previous Low-Segment Caesarean Section, and are currently focussing on updating the Standard on Practice Protocols, Definitions, and the Standard for Discussion, Consultation and Transfer of Care. If you have any feedback or comments on these Standards that you would like considered please contact the Registrar.

REMINDERS

Fetal Health Surveillance is now required every two years

In January 2017 the CMM Standard on Continuing Competency for Fetal Health Surveillance (FHS) was updated to require that practicing members renew their FHS certificate every two years.

As with Emergency Skills and CPR, all members must have completed their FHS between <u>April 1, 2016 and March 31, 2018</u>

Holiday Schedule

Friday, December 22, 2017 - Closed at Noon

Monday, December 25, 2017 - Closed

Tuesday, December 26, 2017 - Closed

Monday, January 1, 2018 - Closed

If you need to come to the CMM office during the Holidays, please call first to ensure there is someone here to assist you.

WELCOME NEW MEMBERS

Erin Vosters, RM – Registered July 4, 2017. Employed with the Winnipeg Regional Health Authority.

Angela Umoh, RM – Registered July 10, 2017. Employed with Prairie Mountain Health.

Nikki Eskandari Alughareh, RM – Registered July 20, 2017. Employed with Southern Health/Santé Sud.

Molly Lumby, RM – Registered November 6, 2017. Employed with the Winnipeg Regional Health Authority.

NEW ARRIVALS



Midwife Tanya, husband Pete and big brother Asher Letkeman welcomed Hailey Brynn Letkeman to their family on October 3, 2017 at 8:38 pm. She was 7 lbs, 4 oz and 20.5 inches long. A special thank you to the Access West midwives for their excellent care throughout!



Introducing our first Manitoba baby: Freya Eloise Taylor. Born to midwife Crystal Williams, husband Brett Taylor of Winnipeg. She made her arrival on Sept. 16 at 4:34 am with the help of our wonderful midwife, Erin Vosters. 7lbs 9oz and 20 inches long. Proud to have a VBAC after two C/S. Enormous thanks to my midwifery care team and colleagues for taking such great care of Freya and I. Many thanks to Dr Schneider as well!

Council and Committee Members of the College

Council of the College

Gina Mount, RM (WRHA) Chairperson
Alison Beyer (Appointed Public Rep.)
Darlene Birch, RM (Non-prac) (Kagike Danikobidan Rep.)
Sandra Howard, RM (Northern RHA)
Joan Keenan, RM (WRHA)
Thelma Mason (Kagike Danikobidan Rep.)
Jenna Mennie-Clarke, RM (Prairie Mountain RHA)
Lori Peters (Appointed Public Rep.) Rural

Board of Assessors

Janet Macaulay, RM (WRHA) Chairperson Tricia Guse, RM (Southern Health/Santé Sud) Kari Hammersley, RM (Prairie Mountain RHA) Krystal LeMoullec (Appointed Public Rep.)Rural Cara McDonald, RM (Southern Health/Santé Sud)

Complaints Committee

Leah Walkty, RM _(Non-prac.)Chairperson Jenna Mennie-Clarke, RM (Prairie Mountain RHA) Darlene Mulholland (Kagike Danikobidan Rep.)

Education Committee

Marla Gross, RM (Non-prac.) Chairperson Kristy Davies (Appointed Public Rep.) Freda Lepine (Kagike Danikobidan Rep.) Susie Penner (Appointed Public Rep.)Rural Emily Weigelt, RM (WRHA)

Perinatal Review Committee

Lisa Harcus, RM (Southern Health/Santé Sud) Ling Ou Chen, RM (WRHA) Lara Petkau, RM (Southern Health/Santé Sud) Abigail Tackie Larson, RM (WRHA) Megan Wilton, RM (WRHA) OBS - vacant

Committee to Select Public Representatives

Trina Larsen, Chairperson (Rep appointed by Women's Health Clinic)
Kari Hammersley, RM (Prairie Mountain RHA)
Sandi Howard, RM (Kagike Danikobidan Rep.)
Bibiane Lafleche (Appointed Public Rep.)
Lori Peters (Appointed Public Rep.)Rural

Standards Committee

Joelle Ross, RM (Non-prac.) Chairperson
Jennifer Bamford, RM (WRHA)
Darlene Birch, RM (Non-prac.) (Kagike Danikobidan Rep.)
Lyn Hotchkiss (Appointed Public Rep.)Rural
Bibiane LaFleche (Appointed Public Rep.)
Gordana Lemez, RM (WRHA)
Geralyn Reimer, RM (Southern Health/Santé Sud)
Rebecca Wood, RM (WRHA)

Quality Assurance Committee

Ensieh Taeidi, RM (WRHA) Chairperson Susan Frank, RM (WRHA) Marla Gross, RM (Non-prac) Baileigh Kaptein, RM (Prairie Mountain RHA) Darlene Mulholland (Kagike Danikobidan Rep.)

Kagike Danikobidan (KD)

Freda Lepine (Thompson) Chairperson Darlene Birch, RM (Non-prac.) Melissa Brown, RM (Non-prac.) Nelliane Cromarty (St. Theresa Point) Maggie Flett (Island Lakes) Sandra Howard, RM (Northern RHA) Nathalie Pambrun, RM (WRHA) Thelma Mason (St. Theresa Point) Darlene Mulholland (Thompson) Doris Young (The Pas)



Board Room News

Upcoming Council & Committees Meetings

Kagike Danikobidan – December 4 - 10:00 a.m. – 3:00 p.m.

Board of Assessors Committee – December 11 - 12:00 p.m. – 2:00 p.m.

Quality Assurance Committee – January 10, 2018 - 12:00 p.m. – 2:00 p.m.

Standards Committee – January 12, 2018 – 9:00 a.m. – 12:00 p.m.

Council - January 19, 2018 - 9:00 a.m. - 2:30 p.m.

Education Committee - TBA

Office Closures

Friday December 22, 2017 – closed at noon

Monday December 25, 2017 - Christmas Day

Tuesday December 26, 2017 - Boxing Day

Monday January 1, 2018 - New Years Day

Monday January 22, 2018 - The office will be closed for our annual Administration Day

Monday February 19, 2018 - Louis Riel Day

Friday March 30, 2018 - Good Friday

Monday April 2, 2018 – Easter Monday

RETURNING TO PRACTICE?

You must submit your

RETURN TO PRACTICE FORM

30 days prior to returning back to work.

You must also be current in CPR/NRP/ES/FHS.

No Exceptions! No Grace Period!

Contact the CMM

College of Midwives of Manitoba (CMM)

230-500 Portage Avenue

Winnipeg, Manitoba R3C 3X1

Phone: (204) 783-4520 Fax: (204) 779-1490

Email: admin@midwives.mb.ca

Website: www.midwives.mb.ca

Office hours

The CMM office is open during the hours of 8:00 a.m. and 4:00 p.m., Monday through Friday and is closed on Statutory Holidays. Visitors to the office are advised to call ahead to be sure that the appropriate staff is available.

CMM staff

Registrar: Janice Erickson, BA, RM (non-prac.)
Executive Director: Patty Eadie, BA, BSW

Administrative Officer: Kathy Kirby

Statements, claims & opinions made in articles are those of the author & do not necessarily reflect the views of the CMM or Executive.

Submissions are subject to editorial changes.

NOVEMBER

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JANUARY

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FEBRUARY

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